



PRACTICAL ACTS OF KINDNESS

1. Invite an elderly or lonely neighbor for Christmas lunch, or Christmas service.
2. Gift a gift to Angel Tree, or nearest homeless shelter.
3. Send a Christmas card to someone who wouldn't be expecting it.
4. Bake extra Christmas treats and give them to a struggling mom.
5. Visit a nursing home.
6. Donate blood in this season prone to emergencies.
7. Apologize to someone.
8. Give someone unexpected respect.
9. Give a long overdue call to a family member.
10. Help a stranger.
11. Do something special for the middle child.
12. Give a friendly greeting to the checkout person.
13. Leave a card of appreciation for your garbage man, postal worker, etc.
14. Donate to Salvation Army.
15. Leave a generous tip.
16. Give yourself a break so you're nicer to those around you.
17. Do domestic chores you normally don't do.
18. Take donuts to work.
19. Read your child a classic children's book.
20. Invite a lonely child from school over to play.
21. Share a charitable message on social media.
22. Learn one interesting thing about the "quiet person" in the room.

UNEXPECTED ACTS OF KINDNESS

1. Give you attention to someone who is socially invisible.
2. Speak the truth with compassion.
3. Forgive something that seems unforgivable.
4. Listen to a "guilty" person without condemnation.
5. Display the holiness of Christ without taking the high moral ground.
6. Recognize someone for simply being a human being.
7. Pray for someone you are tempted to give up on.
8. Present the Gospel in a humble way.
9. Breathe a one second prayer before you say the next thing.
10. Give someone a Bible or good Christ-centered literature.